



Brahmatal Trek With Optional River Rafting

History and Legends of Brahmatal Trek

Brahmatal is a mesmerizing high-altitude lake nestled in the Garhwal Himalayas. The trek to Brahmatal is filled with captivating views of snow-covered trails, alpine forests, and the majestic Himalayan peaks. According to Hindu mythology, Lord Brahma is believed to have meditated by the serene waters of Brahmatal, which makes it a site of great spiritual significance. The summit offers panoramic views of the towering peaks of Trishul and Nanda Ghunti, making this trek a perfect mix of adventure, natural beauty, and mythological significance.

Brahmatal Trek Short Itinerary

- Day 1:** Rishikesh to Lohajung
- Day 2:** Lohajung to Bekaltal
- Day 3:** Bekaltal to Brahmatal Lake
- Day 4:** Brahmatal to Brahmatal Summit
- Day 5:** Return to Lohajung and back to Rishikesh
- Day 6:** Optional River Rafting in Rishikesh

Brahmatal Trek Detailed Itinerary

Day 1: Arrival in Lohajung

- **Morning:** Travel from Rishikesh to Lohajung (2,300 meters) by road.
- **Afternoon:** Check-in at the campsite or guesthouse in Lohajung.
- **Evening:** Trek briefing by the trek leader.
- **Accommodation:** Campsite or guesthouse in Lohajung.

Day 2: Lohajung to Bekaltal

- **Morning:** Start the trek to Bekaltal (3,000 meters).
- **Distance:** 6 km.
- **Duration:** 4-5 hours.
- **Highlights:** Walk through beautiful oak and rhododendron forests, reach the serene Bekaltal Lake.
- **Accommodation:** Campsite at Bekaltal.

Day 3: Bekaltal to Brahmatal Lake

- **Morning:** Trek to Brahmatal Lake (3,400 meters).
- **Distance:** 7 km.
- **Duration:** 5-6 hours.
- **Highlights:** Trekking through snow-filled trails with a view of the towering Himalayan peaks.
- **Accommodation:** Campsite near Brahmatal Lake.

Day 4: Brahmatal to Brahmatal Summit and Return to Lohajung

- **Morning:** Ascend to Brahmatal Summit (3,700 meters) and descend to Lohajung.
- **Distance:** 10 km round trip.
- **Duration:** 7-8 hours.
- **Highlights:** Spectacular views of Mount Trishul and Nanda Ghunti.
- **Accommodation:** Return to the guesthouse in Lohajung.

Day 5: Departure from Lohajung

- **Morning:** Check-out and travel back to Rishikesh.
- **Highlights:** Farewell to the captivating mountain landscapes.
- **Accommodation:** On your own in Rishikesh.

Day 6: Optional River Rafting in Rishikesh

- Make your way to Rishikesh (Tapovan) on your own.
- Join an exciting river rafting experience on the Ganges.
- **Duration:** 2-3 hours of thrilling rapids.

- End at the rafting finish point in Rishikesh.

Note on River Rafting

River rafting is an optional activity not included in the main trek package. If you choose the rafting package, you will have the opportunity to enjoy this adrenaline-filled activity. Himalayan Derive offers two options: rafting on the Ganga or Yamuna River. The final choice will be made based on safety conditions, and the decision will be final.

Rental Gear List

- Trekking Poles: ₹200 (adjustable) / ₹150 (fixed)
- Rain Ponchos: ₹200
- Flasks: ₹300
- Gloves: ₹150 / ₹250
- Lunch Box & Tiffin Boxes: ₹250
- Headlamps/Torches: ₹150
- Extra Warm Jackets: ₹550
- Trekking Shoes: ₹550
- Trekking Pants: ₹450

Note: Contact us in advance to reserve rental gear. Rental fees may apply.

Packing Essentials

- **Clothing:** Layered clothing, warm jacket, raincoat/poncho, trekking pants, quick-dry t-shirts.
- **Footwear:** Good quality trekking shoes, extra socks.
- **Accessories:** Cap/hat, gloves, sunglasses, trekking poles.
- **Backpack:** 20-30 liter daypack.
- **Camping Gear:** Tents, sleeping bags (provided by Himalayan Derive Trekking Company).
- **Other Essentials:** Water bottle, energy bars, personal medications, toiletries, sunscreen, headlamp/torch, camera.

Additional Tips

- **Fitness:** Prepare with cardio and strength exercises for endurance.
- **Permits:** Himalayan Derive Trekking Company will arrange necessary trekking permits.
- **Weather:** Check forecasts and pack accordingly; mountain weather can change quickly.
- **Guide:** Experienced guides will accompany you, ensuring a safe and educational trek.

Package Inclusions

- Transportation from Rishikesh to Lohajung and back.
- Accommodation in tents or guesthouses.
- Meals as per the itinerary.
- Trek guide.
- Camping equipment: Tents and sleeping bags.
- Necessary permits.

Package Exclusions

- Lunch on Day 1 and Day 5 (self-arranged en route).
- Personal expenses.
- Rental gear fees (if applicable).
- Costs due to unforeseen circumstances like roadblocks, weather changes, etc.

Cancellation Policy

- **30+ days before trek:** Full refund minus a 5% processing fee.
- **15-29 days before trek:** 50% refund.
- **Less than 15 days before trek:** No refund.
- **No Show:** No refund.

Refunds will be processed within 10 business days. If the trek is canceled due to unforeseen reasons by Himalayan Derive, an option to reschedule will be provided.

Contact Information

- **Phone:** [+91 70179 65339]
- **Email:** [himalayanderiveofficial@gmail.com]
- **Website:** [himalayanderive.com]

BRAHAMTAL TREK MEMORIES 🌲

Album 1:

 [View Drive Folder](#)

Step into the beauty of Brahmatal! Relive every moment of this majestic trek with our photos capturing the adventure. Thank you for trekking with us! ☀️

Package cost for Brahmatal Trek

Regular Price: ₹9000 per person

With River Rafting Adventure : ₹10000 per person

With bungee Jumping : ₹13,500 per person

In addition to trekking, we offer a range of exciting activities like zip-lining and more to elevate your experience with us.

For exclusive discounts on our trekking packages, please don't hesitate to get in touch. We have additional offers available to make your adventure even more affordable!

Contact Us: +91 70179 65339